

PHOENIX RISING COUNSELING 28a Mashamoquet Rd. Pomfret Center, CT. 06259 PH. 860-792-6396 Fax 860-932-3506

## LIMITS OF CONFIDENTIALITY

Confidentiality is a legal and ethical aspect of the therapeutic relationship that ensures, under normal circumstances, that any information disclosed during sessions cannot be shared with anyone else without written consent. Please be aware that there are certain circumstances in which I am required to breach confidentiality without permission from the client or the client's legal representative, as explained below:

- 1. Your clinician at Phoenix Rising Counseling is a mandated reporter and is legally required to report past and/or present disclosures of physical or sexual abuse, neglect, or commercial sexual exploitation (engagement in sex for food, money, drugs, alcohol or shelter) of a child under the age of eighteen (18) to the Department of Children and Families.
- 2. Clinicians are obligated by law to take reasonable precautions to ensure the safety of others. "Duty to Warn" is a clinician's legal obligation to break confidentiality if a client discloses plans to harm oneself or others. Your clinician may be required to break confidentiality to contact the police, alert the intended victim, contact a family member, or seek out involuntary hospitalization without your consent.
- 3. Your clinician is required to inform the Office of Protection and Advocacy for Persons with Disabilities of any past or current disclosures of neglect, physical and/or sexual abuse of a disabled person.
- 4. If you are over the age of 59, your clinician is required to report to the Department of Social Services, Protective Services for the Elderly, any past or current neglect and/or physical or sexual abuse.
- 5. Your clinician may need to break confidentiality if they receive a court summons or are subpoenaed by a judge to testify in court or to provide records in a sexual assault or criminal case. Your clinician will limit information shared in legal proceedings and redact information of documentation unrelated to the legal proceedings when possible.
- 6. Your clinician may need to break confidentiality if/when:
  - Your clinician is asked to testify in a legal proceeding where you have introduced your mental health status or emotional condition.
  - You bring legal action against Phoenix Rising Counseling and disclosure is necessary or relevant to a defense.
  - Your health insurance carrier requests information related to payment of your claims, including diagnoses, treatment plan, and treatment goals.
  - Phoenix Rising Counseling must use a collection agency to collect outstanding balances owed to Phoenix Rising Counseling for services.

## BY SIGNING BELOW, I AM ACKNOWLEDGING THAT I HAVE READ, UNDERSTOOD, AND AGREE TO THE LIMITATIONS DETAILED IN THIS DOCUMENT.